



Newsletter

St. Vincent de Paul Primary School
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Reflection



Feast of the birth of Mother Mary

On Sunday 8th September, we celebrated the birth of Mother Mary. It is important to take time to reflect on the significance of who Mary was, since Mary always points us to her Son, Jesus. Mary is given honor in the Christian faith. She is especially honored as the Mother of God in the Roman Catholic Church. Mary played a very special part in the plan of salvation. Jesus came into the world to save us as Mary was his very special dwelling place for nine months. Mary saying “yes,” made possible the birth of Jesus and our salvation.

"The most Blessed Virgin Mary, in the first instant of her conception, by a singular grace and privilege granted by almighty God, in view of the merits of Jesus Christ, the savior of the human race, was preserved free from all stain of original sin."
- Pope Pius IX



Many people who pray to Mary use a prayer called the Hail Mary. The first part of the prayer honors Mary: "Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus." The second part of the prayer asks for Mary's help: "Holy Mary, Mother of God, pray for us sinners, now and in the hour of our deaths. Amen."

Please take the time to pray this special prayer as a family:

THE HAIL MARY

Hail Mary,
Full of Grace,
The Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy
womb, Jesus.



Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of death.

Amen.

“Mary our mother you answered God’s call. We come to praise you today....Mother of Jesus be with us every day, we want to stay close to you always. You are our mother; we are your children, guide us in every way....”

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Parish Priest: Rev Anthony J Doran
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Website: www.cam.org.au/strathmore

PRESBYTERY
2 The Crossway
Strathmore 3041
Telephone: 9412 8460
Fax: 9379 1574

Principal’s Message

BATTLE OF THE SAINTS

On Saturday 31st August the girls, boys and dad’s football matches were held at Walter Street Reserve, Ascot Vale. It was a great community day, played in great spirits. A huge thank you to all involved in making this day possible, especially Michael Di Natale for his organisation and support of this event. Thank you to the players, coaches, runners and spectators for making this event so successful.

YEAR 5 CAMP

Last week the Year 5 students and their teachers attended the Portsea Camp. The students and teachers have reported that they all enjoyed the camp experience and the food was fantastic! The students also enjoyed the variety of activities and we were pleased that the weather was pleasant enough for the students to have the opportunity to participate in all activities. Although a lot of tired students and teachers, upon their return on Friday, this is always a good sign of a lot of fun had!



MACSSIS SURVEYS

A reminder to parents to please complete the MACSSIS Survey by Friday 20th September. The data collected will be used to help inform the ongoing improvement of schools across the Archdiocese of Melbourne. One of the main goals of the family survey is to identify the strengths and areas for improvement in our school. MACSSIS data benefits everyone within our school and provides valuable community insights on areas that each school can focus on.

SCHOOL CLOSURE DAY: LEARNING CONFERENCES

Next Wednesday 18th September will be a School Closure Day due the Learning Conferences being held. Please note that the Learning Conferences will take place in your child’s classroom. The students are busily preparing for their Learning Conference by reflecting on their learning goals and achievements, which they will be sharing with you during the conference.

PARKING ON SCHOOL GROUNDS

Please note that for the safety of all children there is no parking on school grounds, including to drop off and pick up children from Before and After School Care.

ST. VINCENT DE PAUL DAY

A reminder to parents that on Friday 11th October we will be celebrating St. Vincent de Paul day, beginning with Mass at 10am in our Church. All are welcome to attend. At 11:30am we will begin our Walkathon, raising money for both the Columban Mission and Catholic Mission. Thank you to the families who have filled out the permission form on Audiri for the Walkathon, and also thank you to the parents who have volunteered to help on this day.

FOOTY COLOURS DAY

On Thursday 19th September we look forward to Footy Colours Day. On this day students are encouraged to wear their favourite football or soccer gear and bring along a gold coin to support the Royal Children’s Hospital. The SRC, along with other school leaders have created a wonderful day of mini sports activities for the students to participate in.

END OF TERM

As this is the last newsletter before the end of this term, I would like to thank the school community for your support over the past 4 weeks as I have taken on the Acting Principal role. I am very blessed to be a part of such a wonderful school and parish community. I would also like to wish the children an enjoyable holiday break, filled with lots of fun and adventure. We look forward to seeing all of the children back to school on Monday 7th October.

Laura Petrie
ACTING PRINCIPAL

2024 Term Dates

TERM 3
Monday 15 th July – Friday 20 th September
TERM 4
Monday 7 th October – Tuesday 17 th December

2024 School Closure Days

- ❖ Wednesday 18th September (Learning Conferences)
- ❖ Monday 4th November
- ❖ Thursday 5th December

“St Vincent de Paul School empowers students to become lifelong learners facing life with faith, hope, humility and resilience.”

Learning Diversity & Student Wellbeing

Lego Play: A fun way to build communication skills

Lego can be used to help develop oral language and social skills! Lego play can help children:

- Follow instructions
- Give directions and information
- Improve vocabulary (e.g., using describing words and specific names of Lego pieces)
- All of these skills are important for effective communication in everyday life.

How to use Lego to support communication skills

1. Choose a Lego kit with instructions and all the pieces inside. Start with a simple kit and gradually move to more complex ones.
2. Assign roles to players (based on LEGO®-based Therapy for Social Skills). Roles can be switched each play session, so everyone has a turn at a different job.
 - a. **Engineer:** Reads the instructions and describes which pieces are needed and where they go.
 - b. **Supplier:** Finds the correct Lego pieces as described by the Engineer and gives them to the Builder.
 - c. **Builder:** Puts the Lego pieces together according to the Engineer’s instructions.

More ideas:

1. **Speech Practice:** For example, if a child has difficulty with the "L" sound, encourage them to say words like "Lego" often (e.g., "I need the blue Lego, please," or "This is a long piece").
2. **Following instructions:** Start with simple Lego instructions and gradually increase the number of steps (1, 2, or 3 steps). Use words like "next to," "on top," "before," and "after." For example, say, "Put the green Lego next to the yellow Lego."
3. **Social:** A ‘Lego Club’ can be formed. Children can communicate with others and build friendships. Encourage skills like problem-solving, patience, asking for help, and using kind words. Help them manage emotions by taking breaks and addressing any frustrations or sensory needs.
4. **Improve vocabulary and sentences:** Help your child build their vocabulary and sentence skills by using Lego play. Introduce them to specific names for different Lego pieces and encourage them to use full, descriptive sentences when asking for pieces. For example, they could say, “Can I please have the red 2x4 plate?”

Lego play offers many opportunities to work on communication skills. Be involved in what your child is doing, and most importantly, have fun!

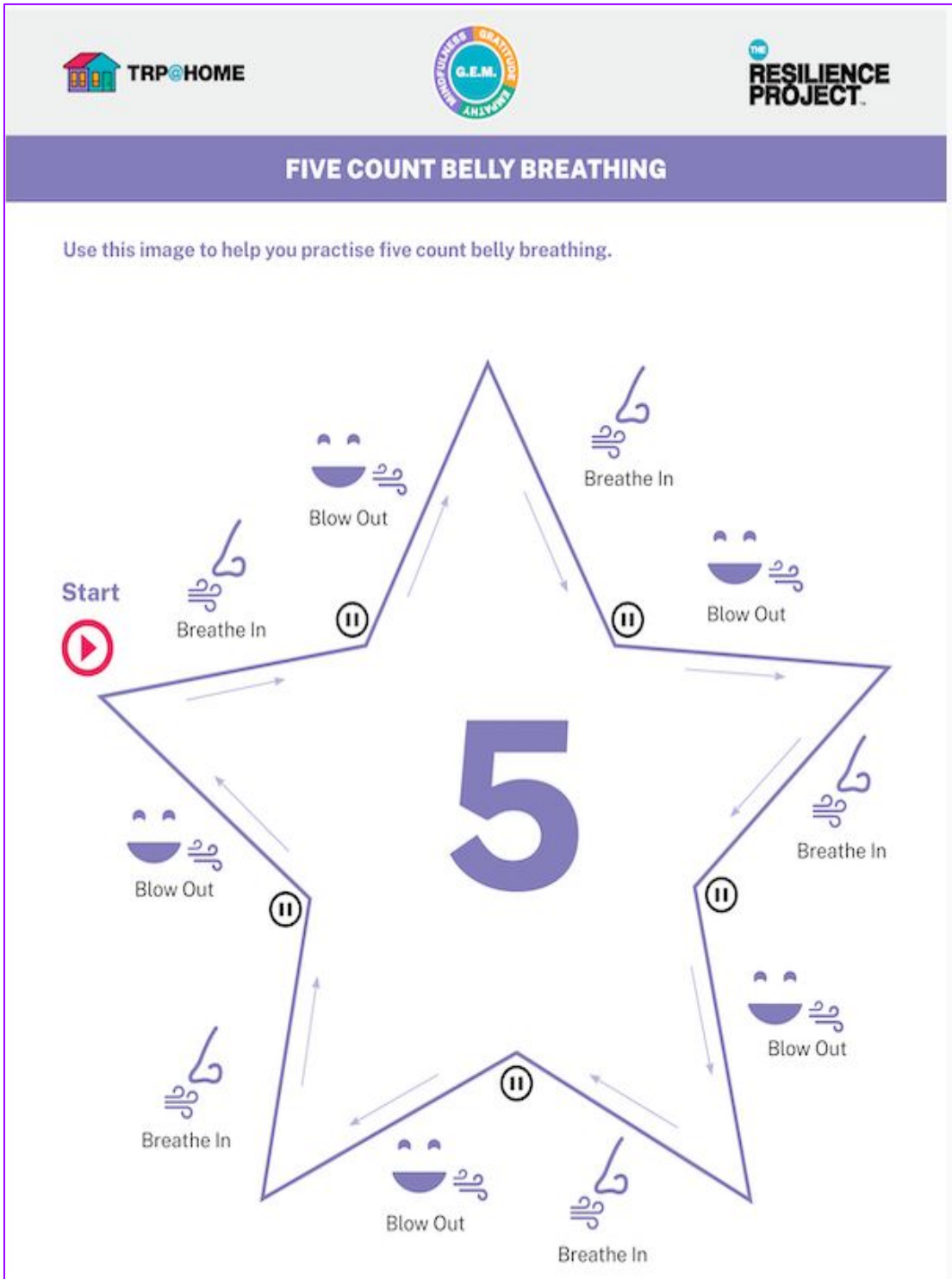
If you would like further information, please contact the SPS Speech Pathologist at your school.



Five Count Belly Breathing

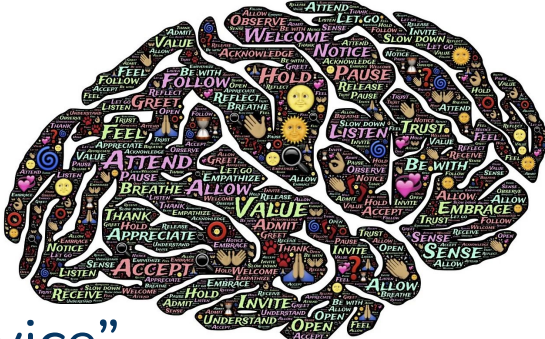
As part of our weekly Resilience Project lessons, the children engage with mindful activities such as breathing exercises.

One of the children’s favourites is Five Count Belly Breathing. Breathing exercises can help all of us when we are feeling overwhelmed and are proven to to be effective in stressful situations. By demonstrating with activity when you yourself are feeling anxious, our children learn that this is a helpful strategy. Why not give it a go over the break!



I will often have parents telling me that their children won’t open up and share their feelings. If a child has had a hard day, they may want to just be in your presence in the safety of their own home. There are things we can do to support the children and encourage them to open up and below I have added some hints and tips to help with this.

To help your child feel comfortable sharing their feelings, ask this simple question: “Do you want to just vent or do you need my advice”



If the child does want to talk, below are some tips to improve your child’s communication and emotional management:

1. Hold back immediate reactions. Letting your child choose if they want advice or just to talk shows respect for their choices and gives them control.
2. Create a judgement free zone. Asking this question makes your child feel heard and valued. When they can speak freely without judgement, they are more likely to open up.
3. Foster independence. Letting your child vent without offering advice helps them develop problem-solving skills and independence. They learn to work through issues on their own, becoming more self reliant and confident.
4. Improve communication. Using this question regularly shows you are there to listen and support them. Over time, this makes your child feel more secure in expressing their emotions and seeking help.
5. Follow up later. After your initial conversation, check in with your child later to see how they’re feeling. This shows ongoing support and interest in their wellbeing.
6. Model the behaviour. Share your own feelings with your child and ask for their input. This demonstrates that it’s okay to seek support and talk about emotions.

By incorporating this question into your interactions, you’ll create a supportive environment that nurtures your child’s emotional wellbeing and encourages open, honest communication.

Rebecca Glenton, Learning Diversity & Student Wellbeing Leader

Sports News

Congratulations to Our District Athletics Team!

We are thrilled to celebrate the achievements of Henry Hough, Pia Palmisano, Alice Ruth, Lachlan Blunt, Freddie Metcalfe, Montana Morrell, Jacob Mucic, and Mitchell Lessware, who represented St. Vincent’s at the District Athletics yesterday. Their dedication and hard work truly shone through in their performances.

It was a successful day with some standout results:

- **Lachlan Blunt:** 3rd place in the Y9/10 800m
- **Pia Palmisano:** 2nd place in the Y12/13 100m &2nd place in the Y12/13 Shot Put
- **Montana Morrell:** 2nd place in the Y11 Triple Jump
- **Mitchell Lessware:** 1st place in the Y11 High Jump

We are incredibly proud of all eight athletes that took part yesterday and wish the best of luck to those who have progressed to the next round. We look forward to hearing about their continued success!



Will Kingston
Sports /
PE Co-ordinator

Chess Classes - Term 4, 2024



TERM 4, 2024 - REGISTER NOW @
CHESSFORSCHOOLS.COM.AU

SPECIALISED CHESS COACHING

Since 2002, we have been providing our popular Chess For Schools program in schools throughout Melbourne and Greater Geelong





'I am thrilled with the tremendous success of the chess program run by Chess for Schools. The students' adoration for the program is evident as they eagerly anticipate lunchtime on Tuesdays, bursting with excitement. The instructors' dedication, patience and attentiveness foster an engaging and nurturing learning environment, igniting the children's passion for chess as their skills flourish'.
Jessica Ward, Teacher - Loreto Toorak.

HOW CAN CHESS BENEFIT YOUR CHILD?

Educational:

Improved IQ, critical thinking, concentration, analytical skills, memory.

Social:

Develop new friendships, social interaction skills, sportsmanship.

Emotional:

Confidence, self-esteem, resilience through winning and losing games.

CLASS STRUCTURE:

Different lessons are taught each week from a structured syllabus ranging from tactics, strategies, master openings, traps & special moves. After the lesson children are paired up in a fun tournament play off. Prizes are awarded to the top 3 players at end of term.

BOOK HERE



CHESSFORSCHOOLS.COM.AU

CLASS DETAILS - ST VINCENT DE PAUL PRIMARY				
DAY	TIME	LOCATION	DATES	COST
Mondays	1:40pm - 2:20pm	Library	14 October to 09 December	\$138 per child per term

Footy Colours Day 2024



On Thursday 19th September we will be having a ‘Football Colours Day’ where the students are able to come to school dressed in their favourite football team’s colours (Soccer or AFL). **On this day we are asking each student to bring a gold coin to raise money for the Royal Children’s Hospital.**

Part of the role of the Student Representative Council (SRC), at St. Vincent’s, is to survey their peers about a charity that the students feel that they would like to support. The charity that the students have chosen to support is the Royal Children’s Hospital.

We are looking forward to a enjoyable Football Colours Day!

FOOTY COLOURS
DAY 2024



Please bring a gold coin donation to donate to the RCH.



Thursday the 19th of September
WEAR YOUR FAVOURITE FOOTY OR SOCCER COLOURS!

Term 4, 2024 - PE, Classroom Sport and Library Timetable

CLASS	PE Lesson	Classroom Sport	Library
Prep Gold	Thursday	Wednesday	Monday
Prep Blue	Thursday	Wednesday	Monday
Prep Green	Thursday	Wednesday	Tuesday
One Gold	Friday	Thursday	Thursday
One Blue	Tuesday	Thursday	Thursday
Two Gold	Wednesday	Friday	Monday
Two Blue	Wednesday	Friday	Monday
Two Green	Tuesday	Friday	Monday
Three Gold	Thursday	Monday	Thursday
Three Blue	Friday	Monday	Thursday
Three Green	Tuesday	Monday	Thursday
Four Gold	Friday	Tuesday	Tuesday
Four Blue	Friday	Tuesday	Tuesday
Four Green	Thursday	Tuesday	Tuesday
Five Gold	Wednesday	Thursday	Thursday
Five Blue	Wednesday	Thursday	Thursday
Six Gold	Tuesday	Friday	Friday
Six Blue	Tuesday	Friday	Friday

Strathmore Bendigo Bank Donation

Dear Families,

We are thrilled to share some wonderful news with you! Thanks to the generous donation from Strathmore Community Bank (Bendigo Bank), we were able to purchase 30 new iPads for our Prep students. This incredible contribution will significantly enhance our students' learning experiences, providing them with valuable tools for interactive and engaging lessons.

A huge thank you to Strathmore Community Bank for their kindness and support. Your generosity not only aids in the academic growth of our young learners but also strengthens our school community. We deeply appreciate your commitment to helping us create a more dynamic and innovative learning environment.



2024 School Fees

A reminder that all school fees were due on **Friday 23rd August**. For details please refer to the statement that was emailed on 12th February 2024.

If you have any concerns about your financial situation and are experiencing hardship, please contact Mr Shane Byrne (principal@svstrathmore.catholic.edu.au), so that a confidential financial arrangement can be discussed.

Essendon Little Athletics

ESSENDON

Family, fun, friends & fitness!

LITTLE ATHLETICS

REGISTRATIONS NOW OPEN

Summer season 24/25

Competition from 8am every Saturday starting 5 October 2024
Under 6 to 17 – all abilities welcome!

Come & Try Day

A great chance to see how Little Athletics works, ask any questions and have your child have a go at some of the events! No registrations needed.

Saturday September 14th from 10am
Moonee Valley Athletics Track Corio Street, Aberfeldie

www.elac.com.au elacmemberships@gmail.com

St Christopher’s Junior Basketball Club

JOIN OUR CLUB!

EST. 1970

SUMMER SEASON 2024/2025

ST CHRISTOPHER'S JUNIOR BASKETBALL CLUB

Girls and boys teams
Under 8s (born 2017) to Under 20s (born 2005)
Keilor Basketball Association competition

Develop team skills and make new friends
All levels of experience welcome

REGISTER BY
FRIDAY 13 SEPTEMBER
stchristophersjbc.com.au/new-players

Essendon Baseball Club

Essendon Baseball Club

IT's Fun Safe Inclusive

Sunday 8th September @ 10am
Friday 13th September @ 6pm
Boeing Reserve, Strathmore Heights.

Training starts @ 4.30pm 12th September, Boeing Reserve

Summer season commences , early October to mid-March 2025
with a Christmas Break

GET INVOLVED

Information contact: Tim Hammond 0477633367

Vic Soccer Spring Clinics

SPLENDID SPRING CLINICS

2024

FREE SOCCER BALL FOR EACH PARTICIPANT!

Saturday morning clinics begin on the 12th of October and involve 55 minutes of personalized tuition. There is an age and skill appropriate curriculum focus on the fundamentals of Soccer as well as an encouragement of social interaction to build skill levels and grow self esteem. Clinics begin on Saturday the 12th of October 2024

TERM 4 CLINICS BEGIN 9AM SAT. OCT 12th 2024

METHOD OF PAYMENT
Payment on first day of clinic 12/10/2024
Cheque or Cash \$150
Please register by Friday 11/10 to secure your child's place in the clinic.

TOTAL AMOUNT \$ _____
Please make all cheques payable to Vic Cric and fill out participant/s information:
Name(s) : _____ DOB: _____
Clinics previously completed: _____ Phone: _____
Parent/Guardian Name/s: _____
Email: _____
Current Primary School: _____
YOUR FREE GIFT IS A SOCCER BALL!
I do ☐ do not ☐ give permission for my child to be photographed and for photos to appear on Vic Cric Social Media.
Parent/Guardian Signature: _____

For more information, call Mike on 0418303432 or email us at: viccric.northwest@gmail.com
Family discounts apply. Ask VIC CRIC team for more information. Disclaimer: Children play at their own risk. Vic Cric Pty Ltd accepts no liability.

Important Dates

SEPTEMBER 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 Father's Day
2	3	4 Yr 5 Camp Year 3 Green Mass 10am	5 Yr 5 Camp	6 Yr 5 Camp	7	8
9	10	11	12	13 Prep Assembly 2:25pm (Hall)	14	15
16	17	18 School Closure Day Learning Conferences	19 Footy Colours Day	20 Term 3 Ends 1:30pm finish	21	22
23	24	25	26	27	28	28
29						

OCTOBER 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5	6
7 Term 4 Commences	8	9	10	11 SVDP Day Mass 10am Zooper Dooper Day	12 First Holy Communion Mass 6pm	13 First Holy Communion Mass 9:30am
14	15	16	17 School Advisory Council Meeting	18 Zooper Dooper Day Year 2 Assembly 2:25pm (Hall)	19 First Holy Communion Mass 6pm	20 First Holy Communion Mass 9:30am
21	22	23 Year 2 Gold Mass 10am	24	25 Zooper Dooper Day	26	27
28	29	30 Year 2 Blue Mass 10am	31			

NOVEMBER 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 Zooper Dooper Day Year 1 Assembly 2:25pm (Hall)	2	3
4 School Closure Day	5 Melbourne Cup Day Public Holiday	6 Music Soiree	7 SVDP Athletics Day	8 Zooper Dooper Day	9	10
11 Remembrance Day	12	13 Year 2 Green Mass 10am	14 Prep 2025 Parent Information Night 7pm	15 Zooper Dooper Day Year 3 Assembly 2:25pm (Hall)	16 Year 2 & Year 5 Family Mass 6pm	17
18	19	20 Prep Mass 10am	21 School Advisory Council Meeting	22 Zooper Dooper Day	23 School Fete	24
25	26	27 Yr 1 Gold Mass 10am	28	29 Zooper Dooper Day	30	



PUPIL FREE DAY WEDNESDAY 18TH SEPTEMBER

We will be running a pupil free day from 7am-6.00pm. If you require care, we kindly ask that you book no later than Friday 13th September so as we can organise staff accordingly.

SPRING HOLIDAY PROGRAM

Bookings are now open for our spring holiday program at Pascoe Vale South Primary school. We have amazing excursions happening such as Luna Park, Archery Arena and the Movies. In addition, we have incursions and in house fun days. Please book by Friday 13th September for availability for the excursions as they will be capped. Please be advised that Strathmore Primary School is NO LONGER accepting external children.

BOOKINGS AND CANCELLATIONS

Numbers are continuing to increase so we kindly ask that you book 48 hours prior to the session. If we are at capacity walk-ins will not be able to attend the session.

If you have booked and you pick up your child or your child is absent, we ask that you please call or txt the service BEFORE 3.00PM.

Thank you for your understanding,

Lisa