No. 06, Term 2 Thursday 18th April 2024



Newsletter

St. Vincent de Paul Primary School

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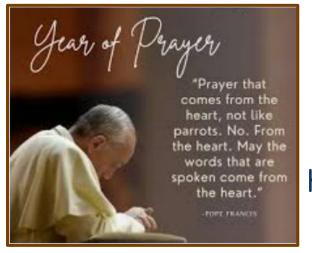


Reflection

2024: The Year of Prayer

In preparation for the 2025 Jubilee Year 'Pilgrims of Hope', 2024 has been designated a Year of Prayer by Pope Francis.

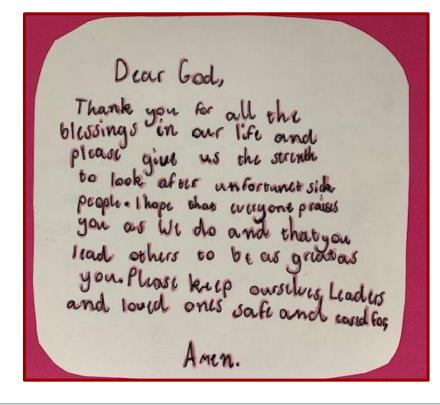
There is a particular focus on the **Our Father**, and this presents us with a great opportunity to go back to the basics of prayer.

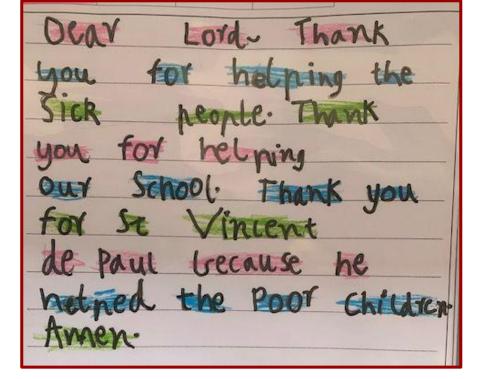


Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done

on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Amen.

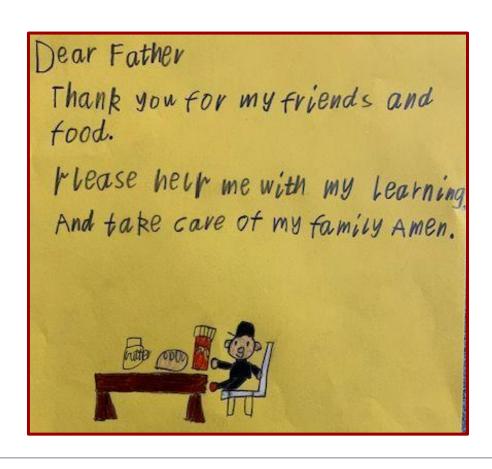


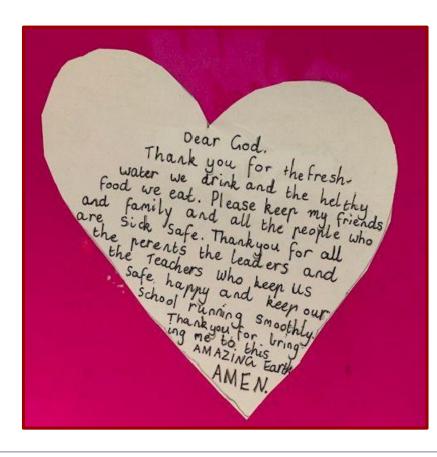


What is prayer? Why is it important to pray? To 'Pray' means to 'Communicate' and in this context it means to 'communicate with God'. Remember always that communication is two ways – you have to convey your message, but you also have to LISTEN to the other person's message. One way to build a strong relationship with God is through prayer. Through prayer we can show our love towards God, we can feel joy when we experience God's love, we can ask God for guidance and we can thank God for the goodness in our lives.

Why did Jesus pray? One reason he prayed was as an example so that we could learn from him. The Gospels are full of references to the prayers of Christ, including these examples:

- "After he had dismissed them, he went up on a mountainside by himself to pray." - Matthew 14:23
- "Then Jesus went with his disciples to a place called Gethsemane, and he said to them, 'Sit here while I go over there and pray." - Matthew 26:36
- "Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed." - Mark 1:35





Principal: Shane Byrne Email: principal@svstrathmore.catholic.edu.au

Parish Priest: Rev Anthony J Doran Email: strathmore@cam.org.au Website: www.cam.org.au/strathmore

PRESBYTERY 2 The Crossway

Strathmore 3041 **Telephone:** 9412 8460 Fax: 9379 1574

Principal's Message

Welcome back to Term 2 2024. I hope as families you were able to spend time together and reflect on the importance of Easter. It is great to see the children return to school so excited and enthusiastic. They have adapted well to the temporary changes to the assembly area in the morning and afternoon. As communicated last week, the children will again be able to access the Junior Yard from tomorrow in the morning and afternoon. The Prep children will finish at 3:10pm on Friday and from Monday April 22 they will finish school at 3:20pm.

SUPPORTING YOUR CHILDREN AFTER TRAUMATIC EVENTS

The violent incidents that have taken place in Sydney over the past week have been very traumatic events. One challenge we face in the aftermath of such incidents is the exposure to highly distressing images and news coverage, both on television and online. The safety and wellbeing of the students is always a priority for the school as it is for parents. I take this opportunity to remind our entire school community to be especially mindful of the impacts that this can have on students, especially if they happen to view this type of content. Attached to this newsletter are a number of resources parents can use to support children which may be helpful. Rebecca Glenton has also included some helpful strategies to be able to support your children and these are contained on the next page of today's newsletter. We keep all those people impacted by the events in our prayers and thoughts.

PAST STUDENTS ACHIEVEMENTS

The school always like to hear about the success of past students. Recently St. Columba's College informed us of the outstanding results of some of our school's alumni. Congratulations to:

- Tara Werden who was the college Dux and subject Dux in Health & Human Development, Chemistry and Biology
- Sienna Brasher who achieved an ATAR of 90+
- Ava Curran who achieved an ATAR of 90+ and was subject
 Dux in English
- Lauren-Ryan Green who achieved an ATAR of 90+ and was subject Dux in Literature, Texts and Traditions, Business Management and Music Repertoire Performance.

We pass on our congratulations to all our past students who have continued to achieve in their studies since leaving the school and wish them all the best in their future endeavours.

AUSTRALIA'S BEST TEACHERS

Do you have a favourite teacher? Nominate them today!
For the second year, News Corp is running its Australia's Best
Teachers campaign, recognising inspirational and innovative
educators across the country. The campaign will launch on
Sunday 28 April, calling on the community to nominate teachers
who have had an incredible impact on our students and all our
lives. A panel of expert judges will then select and announce
the top 50 teachers on Sunday 30 June. Nominate your favourite
teacher today by visiting: <u>Australia's Best Teachers Campaign</u>

ANZAC DAY

Next Wednesday the children and staff will gather to commemorate ANZAC Day. We will take time to reflect on the sacrifice that men and women made for our country so we can enjoy the freedom we have as a community and a nation.

Originally ANZAC was to commemorate the the events in Gallipoli

in the First World War.

The meaning of Anzac Day today includes the remembrance of all Australians killed in military operations. Here is a photo of the artwork created by some of our students with the support of Mrs Veltre which will be on display at the Moonee Valley Council offices.



SCHOOLWEAR

WINTER SCHOOL UNIFORM

In Term 2 children are expected to wear the winter school uniform. Details of the winter uniforms are listed below. Sometimes the weather can be warmer than expected so children can wear their summer uniform until April 26. From April 29 all children are expected to be in winter uniform.

Boys

Grey Trouser
Long Sleeve Shirt (Sky)
Skivvy (Sky)
Woollen School Jumper
Grey Stripe Anklet Socks
Black School Shoes

<u>Girls</u>

Winter Tunic
Navy Pants
Peter Pan Blouse (Sky)
Woollen School Jumper
Skivvy (Sky)
Navy Anklet Socks or Navy Tights

Black School Shoes

Boys Sports Uniform

Rugby Top Navy Track Pants Navy Sport Shorts Short Sleeve Polo Top White Anklet Socks Runners

Girls Sports Uniform

Rugby Top
Navy Track Pants
Navy Netball Skirt, Navy Skort
or Navy Sport Shorts
Short Sleeve Polo Top
White Anklet Socks
Runners

LEARNING CONFERENCES

It was great to see so many parents attend the Learning Conferences with their child at the end of last term. These were an important opportunity for you as parents to understand how your child was progressing and what they had achieved throughout the term. They were also an opportunity to identify areas for your child to continue to improve and set goals to achieve this improvement.

NEW PHYSICAL EDUCATION TEACHER

We welcome Mr Will Kingston who has joined the staff this term as the new physical education teacher. We look forward to Mr Kingston sharing his skills and talents with the school community.

Shane Byrne PRINCIPAL

"St Vincent de Paul School empowers students to become lifelong learners facing life with faith, hope, humility and resilience."

Managing Troubling News Stories

Over the weekend, we all heard the distressing news from Sydney. Many of our children would have been exposed to this news and this can leave them feeling confused or frightened.

Even if your child has not been exposed to the news, they could learn about it by overhearing conversations, talking with peers or online. It is therefore helpful to discuss this with them to avoid misunderstandings and to provide reassurance.

Children respond in different ways to traumatic events but some signs to look out for are below:

- Difficulty focussing
- Trouble sleeping and/or increased nightmares
- Regression
- Withdrawal from social events
- Physical complaints (headache, stomach ache)
- Difficulty calming down
- Difficulty separating from parents

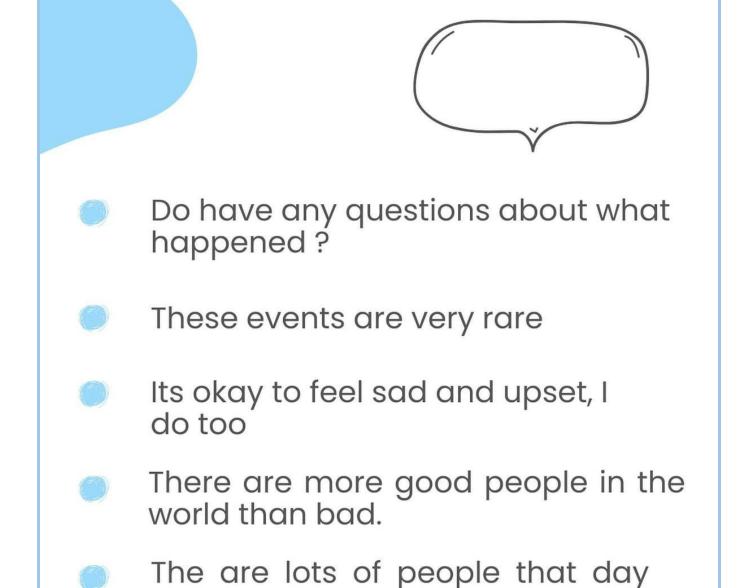
If your child displays these signs, it is helpful to prepare for the conversation, talk to them about what they know, validate their feelings, reassure them and keep the conversation open. Let them know that they can come to you at any time with additional questions or to talk about how they are feeling.

There is a famous quote by American TV host and author, Fred Rogers which reads:

"When I was a boy and I would see scary things in the news, my mother would say to me, "Look for the helpers. You will always find people who are helping."

This is a helpful way to look at such tragedy and can be reassuring for children in challenging times. Focussing on hope and the actions of the emergency services and heroic individuals can turn the conversation around and can really help children to process their thoughts.

Deirdre Brandner, the psychologist who presented to our community last year, posted the following tips at the weekend which you may find helpful.



who were very brave and did

what they had to do to keep safe.

Please remember that it is normal for children to feel anxious after exposure to distressing news. It is important to keep to your family's daily routine, make sure your child continues to eat well and get plenty of sleep and exercise, as children feel more secure in predictable surroundings.

For more information, please refer to the article published here by <u>The Royal Children's Hospital</u>: and the Trauma and Grief article attached.

If you require any additional support please don't hesitate to reach out.

Rebecca Glenton

Learning Diversity and Student Wellbeing Leader

Chess Classes - Term 2, 2024



TERM 2, 2024 - REGISTER NOW @ CHESSFORSCHOOLS.COM.AU

SPECIALISED CHESS COACHING

Since 2002, we have been providing our popular Chess For Schools program in schools throughout Melbourne and Greater Geelong.





'Children love attending Phil's chess classes as he actively fosters their sense of wellbeing and motivation to learn more'.

Rob Horwood Principal, Stella Maris Primary, Beaumaris.

\$138 per child/per term

HOW CAN CHESS BENEFIT YOUR CHILD?

Educational: Improved IQ, critical thinking, concentration, analytical skills, memory. **Social:** Develop new friendships, social interaction skills, sportsmanship. **Emotional:** Confidence, self esteem, resilience through winning/losing games.

CLASS STRUCTURE:

Mondays

Different lessons are taught each week from a structured syllabus ranging from tactics, strategies, master openings, traps & special moves. After the lesson children are paired up in a fun tournament playoff. Prizes are awarded to the top 3 players at end of term.

ROOK HERE

1:40 - 2:20pm



Library

CHESSFORSCHOOLS.COM.AU

22 Apr to 17 Jun

CLASS DETAILS - ST VINCENT DE PAUL PRIMARY

DAY TIME LOCATION DATES COST

"Alex loves chess club and gets very upset if he misses a session. His chess has definitely improved and his teacher, Anitia feels that it helps with his math in class in terms of concepts and thinking.

Keep up the great work!"

Katrina Lambert: Hampton Primary School

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Term 2, 2024 - PE, Classroom Sport and Library Timetable

<u>CLASS</u>	PE Lesson	Classroom Sport	<u>Library</u>	
Prep Gold	Thursday	Wednesday	Monday	
Prep Blue	Thursday	Wednesday	Monday	
Prep Green	Thursday	Wednesday	Monday	
One Gold	Thursday	Friday	Thursday	
One Blue	Tuesday	Friday	Thursday	
Two Gold	Wednesday	Friday	Monday	
Two Blue	Wednesday	Friday	Monday	
Two Green	Tuesday	Friday	Monday	
Three Gold	Friday	Monday	Thursday	
Three Blue	Friday	Monday	Thursday	
Three Green	Tuesday	Monday	Thursday	
Four Gold	Wednesday	Tuesday	Tuesday	
Four Blue	Thursday	Tuesday	Tuesday	
Four Green	Thursday	Tuesday	Tuesday	
Five Gold	Wednesday	Thursday	Friday	
Five Blue	Wednesday	Thursday	Friday	
Six Gold	Tuesday	Friday	Friday	
Six Blue	Tuesday	Friday	Friday	

2024 Term 1 School Fees

A reminder that Term 1 school fees were due on Friday 8th March. If you have any concerns about your financial situation and are experiencing hardship, please contact Mr Shane Byrne (principal@svstrathmore.catholic.edu.au), so that a confidential financial arrangement can be discussed.

2024 School Closure Days

- Tuesday 20th August
- Wednesday 18th September (Learning Conferences)
- Monday 4th November
- Thursday 5th December

2024 Term Dates

TERM 2

Monday 15th April – Friday 28th June (Note: ANZAC Day – Thursday 25th April)

TERM 3

Monday 15th July – Friday 20th September

TERM 4

Monday 7th October – Tuesday 17th December

Thursday 18th April 2024 No. 06, Term 2

Awards

Please find listed below the names of those students receiving awards at the assembly on FRIDAY 26th April 2:25 pm in the hall.

PREP BLUE	Isla Garra Charlie Bottomley	THREE GOLD	Willow Johnson Leo Wu
PREP GOLD	Mila Di Natale Peter Rosanitis	THREE GREEN	Lily Britton Daniel Hastings
PREP GREEN	Sasha Assad Sonny O'Connor	FOUR BLUE	Chloe Bevelander Lucas Mangano
ONE BLUE	Raffa Andronaco Mia Kalaskanis	FOUR GOLD	David Grgic Gialyn Sidhu
ONE GOLD	Isabelle Correia Sylvia Wieladek	FOUR GREEN	Archie Scerri Matilda Pound
TWO BLUE	Olivia Harpur Jimmy Keenan	FIVE BLUE	Isabelle Kollamana Mitchell Lessware
TWO GOLD	Lincoln Ong Tassie Zucchi	FIVE GOLD	Alessandra Liapis Charlie Kennedy
TWO GREEN	Aston Kheir Cierra Petrou	SIX BLUE	Alice Ruth Louis Hawkes
THREE BLUE	Mishkaa Gomber Lachlan Grech	SIX GOLD	Jacob Mucic Clara Mancini

Move On Mondays - Move and Win Challenge

St Vincent de Paul Primary School is participating in Move on Mondays this year! Join in each Monday, students are encouraged to walk, ride, scoot, or skate to and from school every day but especially on a Monday. Let your teacher know when you have walked, rode, or scooted to or from school each Monday, so they can enter your walk, ride or scoot into the challenge that will be totalled at the end of each term to go into the prize draw. There is one \$100 Hart Sports voucher up for grabs every term!

If you live further away, part-way is okay! You can use our Park and Walk locations or park a few streets away to still join in on the challenge each Monday. Find the best walking and cycling routes using the Better Moves Around Schools map on Council's website:

<u>Getting to and from school safely - Moonee Valley City Council (mvcc.vic.gov.au)</u>



Ave Maria College - Food Technology Program Invitation

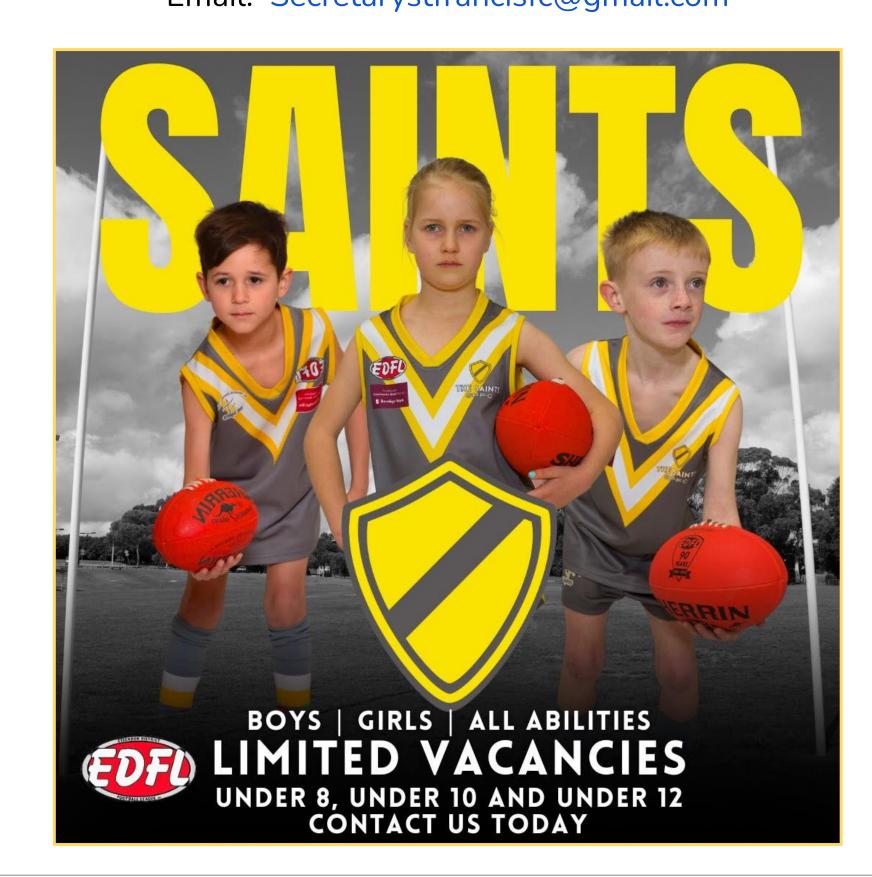


The Saints SFFC

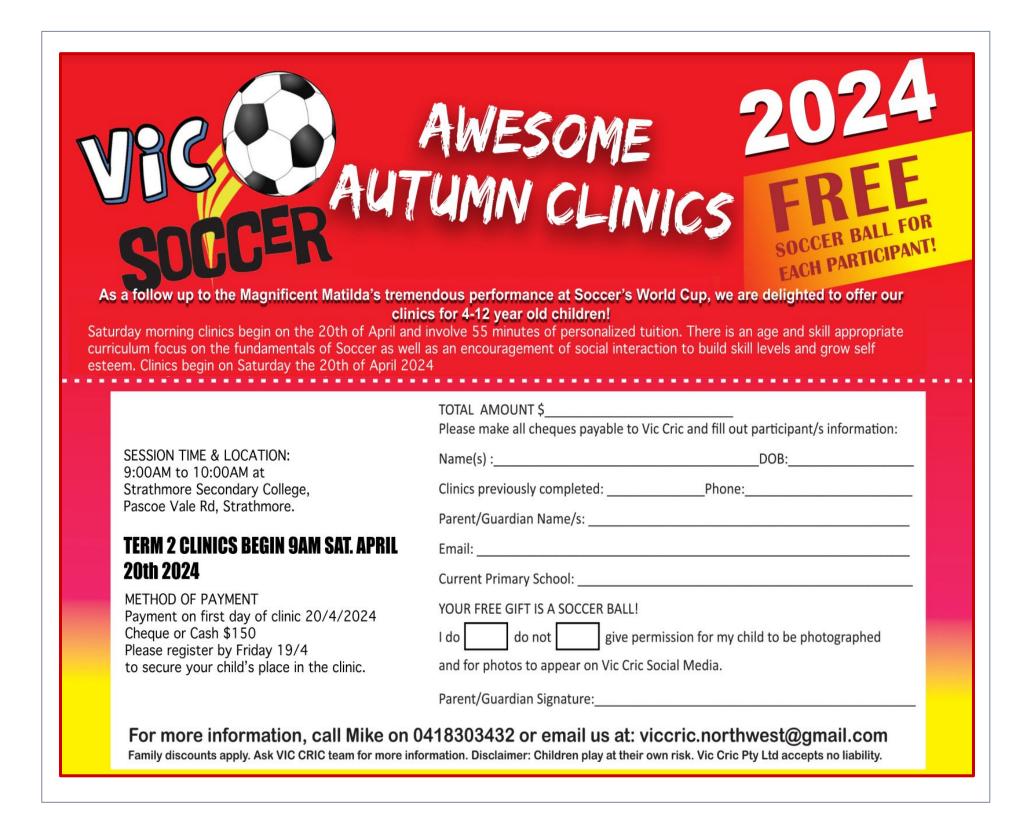
Do you have children that have decided they would like to play footy this year but haven't found a place at a club yet? Or haven't found quite the right club for your child?

The Saints football club at Oak Park Pool have a few spots for kids aged 7-11(kids that have turned 12 after Jan 1 this year also welcome). All inclusive, low fees, fabulous families, great community. JUNIOR ONLY CLUB.

The season has started so don't miss out!
For any enquiries: Thesaintssffc.org.au
Email: Secretarystfrancisfc@gmail.com



VicSoccer - 2024 Autumn Clinics



St Christopher's Junior Basketball Club



Important Dates

APRIL 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Easter Monday	2 Easter Tuesday	3	4	5	6	7
8	9	10	11	12	13	14
15 Term 2 Begins	16	17	18	19	20	21
22 PA Meeting 7:30pm Online	23	24 Year 3 Mass 10am	25 ANZAC DAY	26 Year 3 Assembly 2:25pm (Hall)	27	28
29	30					

MAY 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 Year 2 Mass 10am	2 Confirmation Parent Info Evening 7pm	3 Year 6 Winter Sport Commences	4	5
6	7 Mother's Day Stall	8 Year 1 Mass 10am	9 School Advisory Council Meeting	10 Mother's Day Breakfast Year 2 Assembly 2:25pm (Hall)	11	12
13	14	15 Prep & Year 6 Mass 10am	16	17	18 Prep & Year 6 Family Mass 6pm	19
20	21	22	23	24 Year 1 Assembly 2:25pm (Hall) Movie Night	25	26
27	28	29	30	31		

JUNE 2024							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
					1 Year 6 Confirmation Masses - 10am & 12noon	2	
3	4	5 Year 5 Gold Mass 10am	6	7 Hot Food Day Prep Assembly 2:25pm (Hall)	8	9	
10	11	12 Year 5 Blue Mass 10am	13 School Advisory Council Meeting	14	15	16	
17	18	19	20	21 Coloured Hair Day PA Trivia Night	22	23	
24	25	26	27	28 Last day of Term 2 1:30pm finish	29	30	