



Newsletter

St. Vincent de Paul Primary School

Principal: Shane Byrne

A: 94-112 Woodland St, Strathmore

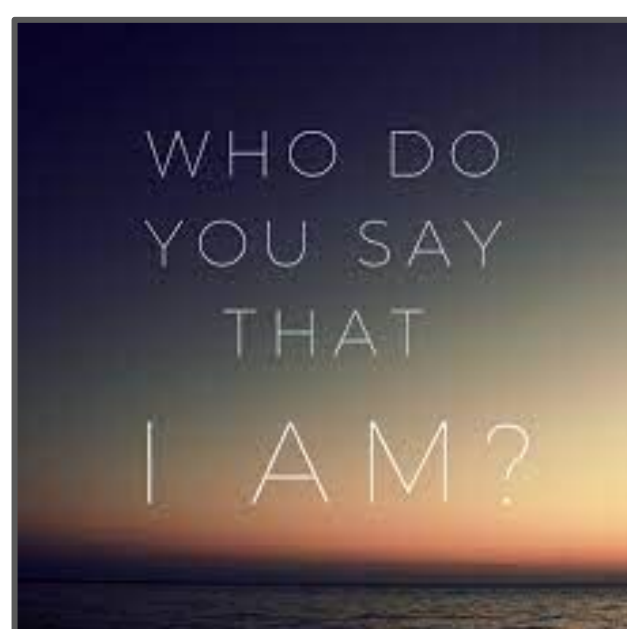
E: info@svstrathmore.catholic.edu.au

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Reflection

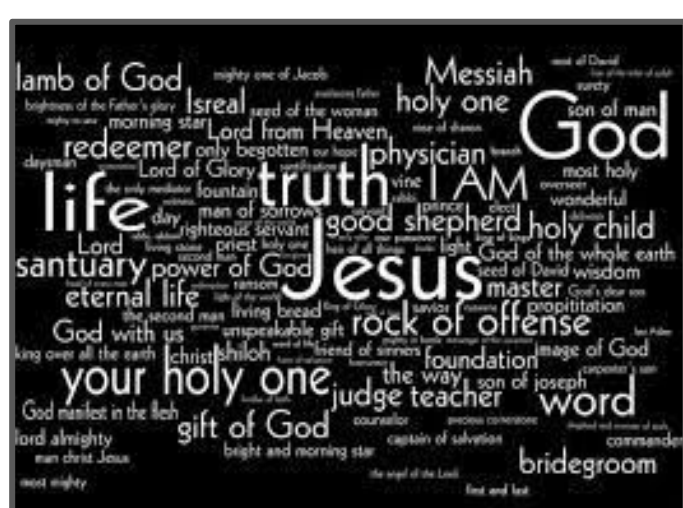


Who do you say I am?" Jesus asked His disciples. The question is recorded in three of the four Gospels. But this question is more complicated than it might seem. Their answer wasn't just "Jesus." It was so much more. At some point in all of our lives, we are faced with a similar question. Who do we say Jesus is? A prophet? A moral teacher? A heretic? The Son of God? Who is Jesus?

A reading from the Gospel according to Matthew:

When Jesus came to the region of Caesarea Philippi, he asked his disciples, "Who do people say the Son of Man is?" They replied, "Some say John the Baptist; others say Elijah; and still others, Jeremiah or one of the prophets." "But what about you?" he asked. "Who do you say I am?" Simon Peter answered, "You are the Messiah, the Son of the living God."

The Word of the Lord.



Lord Jesus,
You are a Lord who walks beside your people.
So we pray for people who walk for justice.

You are a Lord who raises up those who are bent low.
So we pray for those held down by the grindings of life and the indifference of the world.

You are a Lord who feeds the hungry.
So we pray for all who long for bread
And the means to provide it.
You are a Lord who celebrates the small and the insignificant.
So we pray for the children.

And for those who are never noticed.
You are a Lord who says 'Follow me'.
So we pray for courage and faith in our hearts

That we may take up the cross and find it leads to life.
We ask this prayer, through Christ, our Lord.
Amen.



Principal: Shane Byrne
Email: principal@svstrathmore.catholic.edu.au

Parish Priest: Rev Anthony J Doran
Email: strathmore@cam.org.au
Website: www.cam.org.au/strathmore

PRESBYTERY
2 The Crossway
Strathmore 3041
Telephone: 9412 8460
Fax: 9379 1574

Deputy Principal's Message

A wonderful week last week with the Blessing Ceremony for the Opening of the Junior Yard, on Tuesday 3rd May. We were able to spend time reflecting on the beauty of the space and the ways that this space will be used by students. We also took time to explain the importance of continuing to respect this space so that it will be used by students for many years to come.

It was wonderful to see the children and their mothers attend the Mother's Day breakfast on Friday, with the presentation of the Hall looking absolutely stunning. Thank you to the volunteers that helped to support this event taking place. It was a beautiful occasion. Please see photos from the day included in this newsletter.

SCHOOL CLOSURE DAY

A reminder that next **Tuesday 17th May** there will be a School Closure Day as the staff will be involved in Professional Learning with the focus on Religious Education/Faith Development. We look forward to Rev. Dr. Elio Capra leading us through the day.

CARITAS AUSTRALIA - PROJECT COMPASSION

It is with great pleasure that we can announce that throughout the period of Lent, the St. Vincent de Paul school community has raised \$307.75, which will support people in need. The money raised will also assist people in Ukraine, who are in need of our support at this time.

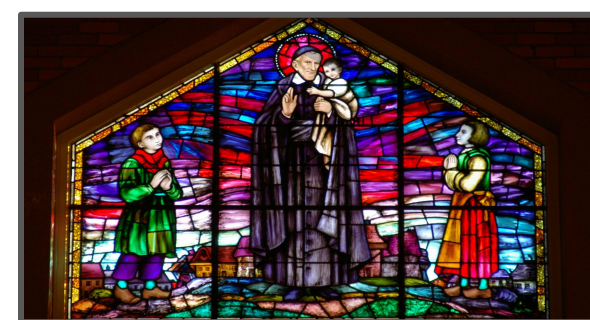


NAPLAN

I would like to take this opportunity to congratulate the Year 3 and Year 5 students on their positive approach to completing the NAPLAN tests this week. The staff are also to be commended on making sure that the students were clear on the processes to be undertaken to complete NAPLAN and also a focus on allowing the students to feel comfortable when completing the tests.

YEAR 5 FAMILY MASS

A reminder that our next Family Mass will be for the Year 5 children and their families. This will be celebrated at the parish masses on Saturday May 14 beginning at 6.00pm and Sunday May 15 beginning at 9.30am. We look forward to seeing the families with children from Year 5 at this Mass.



YEAR LEVEL MASSES

On Wednesday the Prep and Year 6 students attended our first Year Level Masses in nearly two years. It is wonderful to see the students able to return to Mass to spend time in reflection and prayer with God.

SACRAMENT OF CONFIRMATION

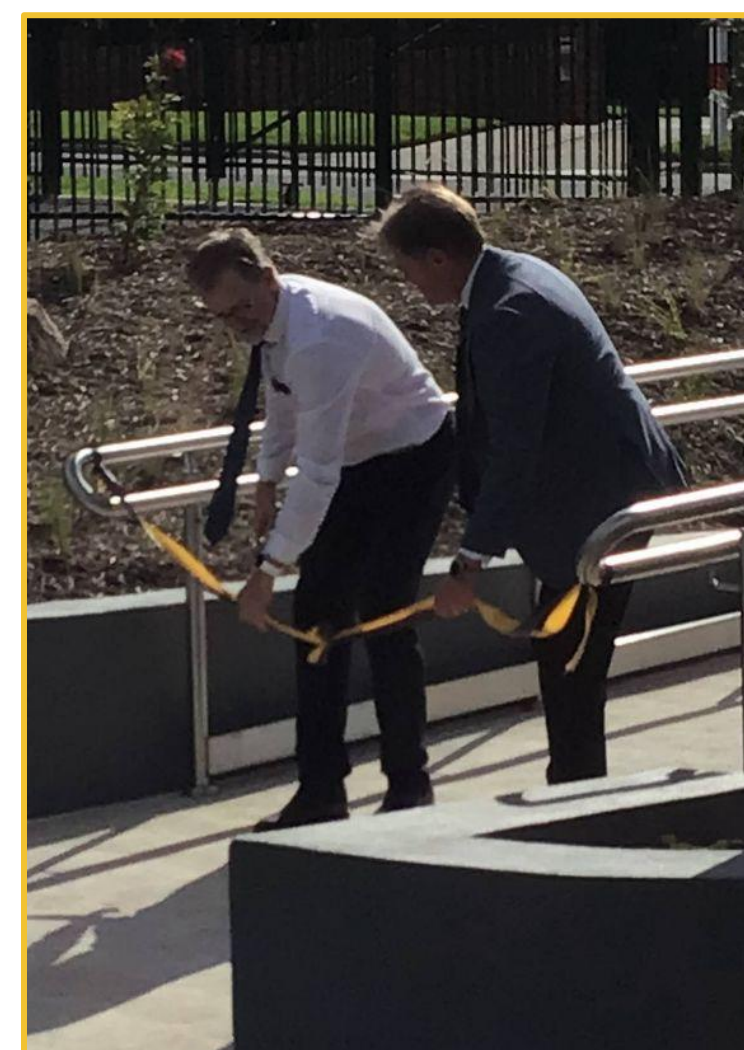
Information regarding the Sacrament of Confirmation has been sent to the Year 6 families this week via Skoolbag. Please note that the dates and times for Confirmation are Sunday 19th June at 9:30am (6 Gold) and 11:30am (6 Blue).



LONG SERVICE LEAVE

Mr Byrne will be returning from Long Service Leave on Monday 16th May. We hope he enjoyed this well-deserved break with his family.

Laura Petrie
Deputy Principal/Religious Education Leader



“St Vincent de Paul School empowers students to become lifelong learners facing life with faith, hope, humility and resilience.”

Mothers Day Soiree

*Thank you for the gifts you give
For everything you do
But thank you mummy most of all
For making dreams come true*



It was incredibly special to see our school hall buzzing once again for the Mother's Day breakfast last Friday. The room looked spectacular and the sound of laughter could be heard all the way to Rosebank Avenue. A huge thank you to our parent volunteers for such an amazing event with delicious food and wonderful decorations. We hope that all who attended enjoyed it as much as we did. Thank you to all of the mums for being such a treasured part of our community. We hope you were spoiled on Sunday.



Mindfulness with The Resilience Project

Did you know that we spend 47% of our waking hours thinking about something other than what we are doing. Mindfulness is a key element of The Resilience Project and our students are learning about the value it brings each and every day.

Being mindful is not just about meditation. Mindfulness means our ability to be calm and present at any given moment. We practice this by slowing down and concentrating on one thing at a time.

Regular mindfulness practice can improve our:

- Immune systems
- Energy levels
- Sleep quality
- Awareness
- Memory
- Productivity

There are things we can do to practise new mental habits and behaviour change and these include:

- Go for a walk and listen to the sounds around you
- Take 6 deep breaths to centre yourself
- Engage in activities that calm the mind such as colouring in, puzzles, origami and yoga
- Listen to a guided meditation with a mindfulness App like Headspace, Calm, Insight Timer, Buddhify, Waking Up or The Resilience Project.

A great activity for the children to complete at home is to make a calm jar. See below for instructions on how to make the jar.

For more ideas and activities - visit TRP@Home - <https://theresilienceproject.com.au/at-home/>

Calm Jar

You will need:

- A jar or plastic bottle
- A jug of warm water
- 60ml glitter glue
- 3 drops of gel food colouring
- 60g-80g glitter



Instructions:

1. Add warm water to the jar until it reaches about 1/3 of the way up.
2. Add glitter glue.
3. Add food colouring.
4. Add glitter.
5. Top up the jar with the remaining water, make sure you leave some space at the top so you can shake the glitter in the jar.

How to use it:

Shake the glitter in the jar and watch as it settles back to the bottom. Encourage children to use the jar when they need some time out or to calm down.

Awards

Please find listed below the names of those students receiving awards at the assembly on **FRIDAY 20th May.**



PREP BLUE	Austin Saliba Eva Katsalas	THREE BLUE	Joshua Georgiou Sofia Arnup
PREP GOLD	Georgia Kalin-Drinkwater Evan Sfirlas	THREE GOLD	Isabelle Kollamana Luca Pappalardo
PREP GREEN	Madeline Brigg Jordan Cilia	FOUR BLUE	Angus McMahon Chiara Barone
ONE BLUE	Arianna Soccio Leo Wu	FOUR GOLD	Danica Dziedzic Christian Randello
ONE GOLD	Michelle Iseokwema Emma Connelly	FIVE BLUE	Noah Farrugia Ava Wason
ONE GREEN	Lila Colombi Olivier Mineo	FIVE GOLD	Nicholas Damianos Eva Weidman
TWO BLUE	Max Gamble Emma Bristow	SIX BLUE	WINTER SPORTS
TWO GOLD	Eva Haydon-Callegari Olivia Di Natale	SIX GOLD	WINTER SPORTS
TWO GREEN	Jasper Hosford Christian Gervasi		

St Columba's College Year 7 2024 Scholarships

Year 7 2024 Scholarships



Our Academic Excellence Scholarship registration is now open for Grade 5 girls. Here are a few key points that may be of interest:

1. We do not limit the number of academic scholarships awarded, any student who achieves the necessary results will receive a scholarship.
2. Students may receive a 50% to 100% academic scholarship.
3. Academic scholarships received by Grade 5 students will be applied for the full 6 years of attendance at St Columba's College.

Registration is now open
columba.vic.edu.au



AN INCLUSIVE CATHOLIC GIRLS' SCHOOL | YEARS 7-12
2 LESLIE ROAD, ESSENDON VICTORIA 3040 | P 03 9337 5311

Ave Maria College - Year 7, 2024

She Who Belongs. She Who Thrives.



**Enrol now
for Year 7 in 2024**

Applications close on Friday, 19 August 2022
Book a College tour and find out more at: www.avemaria.vic.edu.au
or contact registrar@avemaria.vic.edu.au



AVE MARIA COLLEGE
She Who Belongs. She Who Thrives.

St Columba's College Tours




**St Columba's
College Tours**

Term 2 and 3 College Tours are now open.
Visit columba.vic.edu.au/college-tours
to book your place.





125 YEARS
— GOING TO THE MARGINS —

St Aidan's Preschool



**Kindergarten
in
Moonee Valley
2023**

All children who turn 3 or 4 years old by 30 April 2023
are eligible to attend a kindergarten program in 2023.
We are hosting open nights at Council-run
kindergartens to help you decide on a
preferred kindergarten.





Kindergarten Open Nights

Come along and see the centre, speak to our
Early Childhood Educators and find out how our
kindergarten programs operate.

**St. Aidan's
Preschool**

**Tuesday 17th May
6:00 to 7:30pm.**

If you can't make it in-person, you can
take a virtual tour of our kindergartens

No booking
required
—
just turn up!

Important Dates

MAY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2 PA Meeting 7:30pm	3	4 Mothers Day Stall	5	6 Mothers Day Breakfast Yr 5 and 6 Winter Sports Yr 2 Assembly (Note change of date)	7	8 Mothers Day
9 Year 3 Excursion	10 NAPLAN	11 NAPLAN Year 6 & Prep Mass	12 NAPLAN	13 Year 1 Excursion Yr 5 and 6 Winter Sports	14 Year 5 Family Mass 6pm	15 Year 5 Family Mass 9:30am
16 Prep Pajama Day	17 School Closure Day	18 Year 4 Mass (Note change of date) Year 5 Excursion	19	20 Yr 5 and 6 Winter Sports Yr 3 Assembly (Note change of date) Movie Night	21	22
23 New Families (Yr 1-6) Morning Tea Year 4 Excursion	24	25 Year 5 Mass (Note change of date)	26	27 Yr 5 and 6 Winter Sports	28	29
30	31					

JUNE 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 Year 3 Mass	2 Confirmation Info Evening 7:30pm - Hall	3 Yr 5 and 6 Winter Sports Year 1 Assembly	4 Prep & Year 6 Family Mass 6pm	5 Prep & Year 6 Family Mass 9:30am
6	7	8 Year 6 Confirmation Retreat Day School Advisory Council Meeting	9	10 Yr 5 and 6 Winter Sports	11	12
13 Queens Birthday Public Holiday	14	15 Year 2 Mass	16 Hot Food Day	17 Yr 5 and 6 Winter Sports Prep Assembly Trivia Night	18	19 Confirmation Masses 9:30am (6 Gold) 11:30am (6 Blue)
20	21 Learning Conferences	22 Learning Conferences Year 1 Mass	23	24 Last Day of Term 2 1:30pm finish	25	26
27	28	29	30			

JULY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
4	5	6	7	8	9	10
11 Term 3 Commences	12	13	14	15 Prep Parent's Night Out	16	17
18 PA Meeting 7:30pm	19	20	21 First Communion Info Evening 7:30pm	22	23 Year 4 Family Mass 6pm	24 Year 4 Family Mass 9:30am
25	26	27 School Advisory Council Meeting	28	29	30	31



TheirCare

where kids love to be!

KIDS MENU

Our weekly menu follows the Australian nutrition guidelines and is created based on the children's feedback. All cultural and dietary requirements are considered.

BSC MENU Breakfast consists of a selection of cereals, toast, fruit, and milk. **ASC MENU** Afternoon snacks consist of salad wraps, cheese and crackers, pasta, corn chips with melted cheese and salsa, pizza, rice cakes, wraps, toasties, pan cakes and selection of fruit and vegetable platters.

BOOKINGS As numbers this term are increasing very quickly of the children attending the service, we kindly ask that you book your child/children in as soon as practical so as we can roster staff and also to avoid a late booking fee.

Opening Hours

BSC: 7.00 am - 8.30am

ASC: 3.30 pm - 6.00 pm

Service Mobile: 0474007664

Head Office: 1300 072 410



HELLO EVERYONE

Imagination play was what the children loved and enjoyed in the last fortnight, we saw many great creations from the children. Our leader has been doing an outstanding job running the activities, group games both indoor and outdoor and assisting the younger children with activities. Several children are also demonstrating a positive approach to completing their homework during the session.

Moving forward for term 2 we will ensure to continue to provide the children with opportunities to make their own choices and have the freedom to play so as they can have lots of fun with their peers.

PUPIL FREE DAY TUESDAY 17TH MAY

We will be running a Pupil Free Day from 7.00am-6.00pm. Lots of fun activities and Pizza making will take place on the day. If you require care or utilise the day as a 'Play Day' with their friends, please book by 9.00am Monday 16th May.