St Vincent de Paul Primary School

Alive in the Spirit

This week we ask you to keep the Year Six students in your prayers as they receive the Sacrament of Confirmation on Friday 31st May at 7pm and Saturday 1st June at 6pm. Last Sunday’s gospel resonates with us as we welcome the Holy Spirit into our hearts.

Jesus said to his disciples:

'I still have many things to say to you but they would be too much for you now.

But when the Spirit of truth comes he will lead you to the complete truth' (Jn 16:12-13)

The wind blows where it pleases (Jn 3:8).

The creative Spirit is not enclosed within boundaries which we construct, but is at work in artists, writers, engineers, teachers ... in all of us who are alive with the Spirit, sharing in the creative life of God.

Where the Spirit of the Lord is, there is freedom (2 Cor 3:17).

Spirit of God, come as light to waiting minds.

Spirit of God, come as fire and kindle a flame of love in our hearts.

Spirit of God, come as morning dew to refresh us.

Spirit of God, come as the gentle breeze and fill us with your life-giving power.

We pray for the candidates that the Spirit will guide them in their lives and in the choices they make for their future.

Amen
Dear Parents

With the mid year reports now being completed by teachers there are some important changes that will occur from the end of this semester onwards. The nature of elements of these reports will change with the implementation of AUSVELS (Australian Curriculum Framework) and will continue to develop in accordance with the roll out of the Australian Curriculum Framework. In 2013 schools will for the first time:

- Implement and report on the Australian Curriculum Phase 1 subjects English, Mathematics, Science and History in Years Foundation (prep) to Year 10 via the AUSVELS curriculum framework
- Report achievement in all AUSVELS subjects using progression points aligned with the eleven level AUSVELS structure (0.00 to 11.50)
- Achievements in the preceding 12 months cannot be shown in the first semester of implementation of the Australian Curriculum subjects within the AUSVELS (i.e English, Mathematics, Science and History). This is because schools will have developed student learning programs and assessed students progress around new content and achievement standards, making comparisons to prior achievements under different standards inappropriate.
- Achievements in AUSVELS subjects for Science and History will be reported in grades 3 to 6 at the end of the year.

Our school as directed by the Catholic Education Commission of Victoria is required to implement the student reporting system as outlined by the government and believes it will provide clear written information that will tell you what your child knows and can do. It will also identify those areas in which your child needs to be further assisted or extended. The teacher comments included on the report will make your child’s progress and achievement clear. Please check the attached sheet in relation to Student Conferences / Parent Teacher Interviews as these are an important part of the reporting process, bookings open online next Monday.

THANKS

"Many thanks to the Grade 3 families who donated soft toys to AuSLMAT (Australia Sri Lanka Medical Team). Your generous response was overwhelming! The toys will be shipped to Sri Lanka in June and will bring much pleasure to the children who receive them."

Special thanks goes out to the team of helpers that turned out to help with moving day a few weeks back. Year One and Four Gold are now comfortably relocated in the Kirinari Centre and the hall. We are now waiting for the builders to set up onsite in the next few weeks.

FRUIT DONATIONS

Our thanks to Mick Ponte at Melba Fresh and Maria at La Manna for providing a wonderful range of fresh fruit the year four students have been distributing throughout the school as part of their living focus.

GENERAL REMINDERS

- Mobile phones and ipods/ipads are not to be brought to school by students unless a note is provided to the class teacher explaining the specific reasons why this rule should be varied.
- Parents are responsible for supervision of their children if they are on the school property before 8.30am and after 3.45pm including when netball training and tennis coaching are occurring. Children should not be left unsupervised at any stage.
- Parents are asked not to enter classrooms before, during and after school unless a teacher is present.
- Check lost property for any missing items of clothing and ensure labels are clearly marked on all uniform items.
- Please ensure all family members are aware of the correct pickup arrangements at the end of the day.
TENNIS COURT PARKING
All parents are advised not to park in the tennis court yard inside the back gate between 8.00am – 9.00am and 3.00pm – 4.00pm. This presents a high risk for children accessing the school yard before and after school. Your cooperation with this will help to ensure the safety of all children.

COOK BOOKS
Copies of our school cookbook “Food Safari — a legacy of recipes” are available to be purchased for $25 from the school office at any stage. This is an excellent publication that could be used as family resource or as a great birthday gift with a real individual touch for anyone that loves cooking.

REMEMBER
Supervision of the children in the junior yard commences at 8.30am and concludes at the end of the day 3.45pm. Children needing supervision outside these times should access the Before and After Care Programs. Parents are also reminded that playground equipment is not to be used by children before and after school as a safety measure considering the large number of children in this space during these times. Your support with these reminders is greatly appreciated.

OUTSTANDING FEES AND LEVIES
In order for our school to operate effectively and efficiently and to continue to provide quality programs for its students, it is an expectation that school fees and levies are paid promptly on a regular basis. Thank-you to our many families who have honoured their fee and levy commitment thus far, however there are still numerous families who have outstanding fees and levies from Term One. If you are experiencing financial difficulties, please contact Mrs Julie Baglieri to arrange a payment plan.

SOCIAL MEDIA SITES
Please note that the school does not use or publish information using social media sites such as Facebook or Twitter. Information relating to the school can be found on the school web page or by contacting the school directly. Information published outside these approved channels on social media is not supported or endorsed by the school.

HEALTHY FRUIT:
The Year 4 students have discovered in our Health Unit this term that eating two pieces of fruit per day is a sure way to great health. They now want to spread the word and promote healthy eating throughout the entire school. Luckily for them, the people at La Manna supermarket have offered to donate two pieces of fruit per child per day for an allocated week this term.

Below is a schedule of the week when your child will be receiving their free (seasonal) fruit this term:

May 6th - Prep Blue, Green and Gold
May 13th - Year One Blue and Gold
May 20th - Year 2 Blue, Green and Gold
May 27th - Year 3 Blue and Gold
June 3rd - Year 4 Blue and Gold
June 10th - Year 5 Blue and Gold
June 17th - Year 6 Blue and Gold

Thanks to the Year Four children for planning and organising this whole school healthy fruit focus.
ART SHOW 2013
SAVE THIS DATE!
TERM 3
WEDNESDAY, SEPTEMBER 18TH
AS YEAR ONE ARE USING THE HALL THE ART SHOW WILL TAKE PLACE IN
THE CORRIDORS AND KIRINARI CENTRE

WALK TO SCHOOL DAY
Congratulations to everyone that took part in Walk to School Day last week, the number of students walking part or all of the distance to school increased from 144 to 277. May be this could be the start of a new wave of regular walkers that would take pressure off parking in front of the school.

PREMIER’S READING CHALLENGE
Wow!
What an overwhelming response to this year’s Reading Challenge, we have over 100 students registered at this stage. For those students who have returned their consent forms you should have already received an email from me regarding your username and password. Once you have these details you can start entering your books online. If you have not received an email from me, please contact me on alisonmamnone@opusnet.com.au and I will send you these details ASAP.
It’s not too late to join. Spare forms are available from the office.

Happy Reading, Enjoy your reading
Alison Mamnone

WOOLWORTHS EARN & LEARN 2013

Woolworths Earn & Learn is back, and St Vincent de Paul will be taking part. Last year with your fantastic support we raised over 30,000 points for our school and were able to purchase excellent resources to support our children’s learning! This year we have set a target of 40,000 points so get collecting!

It’s simple to participate. From Monday 8th April to Sunday 9th June 2013, when you shop at Woolworths you can collect Woolworths Earn & Learn Points from the checkout operator. There’ll be one point for every $10 spent (excluding liquor, tobacco and gift cards). Once your Woolworths Earn & Learn Points sheet is complete, place it in the Earn & Learn Collection Box at school, located outside the front office.

Thank you for your support!
Product Review – Menu Planner App

I am a big believer in Menu Planning for a number of different reasons; it saves money, makes healthy eating easier, decreases stress levels, saves time, encourages variety in eating and allows you to take into account life’s busy times. So when the opportunity arose to investigate a new Menu Planner App, I jumped at the chance. I have been menu planning for a long time now and usually plan a month’s meals in advance on an excel template. Although this has worked well for me up to now, having something more flexible is fantastic as it allows for those last minute unexpected events. Having grown up in a house with eight kids, my mother had to be pretty organised. I can remember her saying that the hardest thing about dinner was thinking about what to have. Now with four children of my own I can clearly relate to this. As long as the meal for the evening is already worked out ahead, I make sure that I have the ingredients on hand and can easily and quickly go about prepping dinner in advance when I can. If menu planning is not something you are in the habit of doing then I encourage you to give it a try. Maybe this App is just what you need to get started.

How to get started

There are 4 basic steps to get up and running;

- **Step 1. Download the App**;
  
  The App can be easily downloaded from the iTunes or App store for $2.99 and is suitable for both iPhone and iPad.

- **Step 2. Enter Recipes & Food Items**

- **Step 3. Planning Meals**

- **Step 5. View Shopping List**

Entering Recipes and Food Items

Entering recipes takes a bit of time to set up but well worth the effort. Once you have your recipes added you can easily view the recipe straight from your device without having to hunt around for recipe books. To get started you need to spend some time adding your favourite recipes either by importing them from supported websites of which there are a lot to choose, or manually importing them from other websites that aren’t compatible with the App. Either way I have found both to be relatively easy to do. Alternatively you can type in any recipe as well into a recipe template.

You can also add in different single food items such as cereals, crackers etc. which is handy if you are planning out all your meals for the day, not just dinner.

You can view all your recipes with the option of a photo image to remind you, which is great when you are planning out your meals for the week. When adding a recipe make sure you assign a category to it i.e. *Main Dish, Snack, Dessert* etc. This is great because when viewing the recipes you can either view them alphabetically or by category.

Planning Meals

The meal planning section allows you to view the planner by either day, week or month. When planning for each day you can add in any meal type i.e. breakfast, lunch, dinner or snack, and then add in any recipe or food item that you would like to have from your list.

Once your meals are planned you can either print it off if you have a printer that supports AirPrint or email it as a PDF.

Shopping List and Pantry Tracking

A shopping list can be generated from your meal plans. All you need to do is to select the date range you want the ingredient list for and then import. A shopping list is then generated listing all the ingredients and quantities you need. You can email this list to yourself. I couldn’t find a print option with the shopping list which was a little surprising given that this option was available for the meal plans.

When setting up the Menu Planner, you have the option of an Advanced Pantry Tracking. This allows you to track which foods and ingredients you already have on hand in your pantry as well as keep track of how much of each item you have. If you only want to track whether or not you have an item on hand, and don’t want to track quantities then you don’t need to turn on the Advanced Pantry Tracking option.

I can see that this option could be handy, however very cumbersome to set up and maintain. At this stage I don’t use this option mainly due to time constraints plus generally I have a good handle on how much of most products I have in our pantry. All I am interested to know is what ingredients I need for the week to add to my shopping list.
The final word

I think this App is very good tool and would rate it 8/10. It is a very handy App whether you are planning meals for a family or individually. Other Menu Planner Apps I have tried often restrict you to the recipes they have incorporated into the App, which I find doesn’t suit my family. I like the option of being able to add the foods and recipes I know my family will eat and enjoy. It does take a bit of time and commitment to set up, but once that is done then it is pretty quick to use. Having just got it going myself I am sure there are more features to this App that I am not using to its full potential, however over time I am sure that I will become more familiar with it. There is a support website that offers tutorials and I would highly recommend anyone wanting to use this App to view these as they can help save a lot of time. The website also allows you to add recipes to your planner on your PC which can be a bit quicker for some people and then sync it with your devices which is another plus.

Michele Pink
Good Health Nutrition & Dietetics
Accredited Practising Dietitian

OUR MURAL IS FINISHED

Come and take a look at our beautiful art work.

Debbie Qadri has finished the school mural in the corridor. Each student contributed their own clay piece which was assembled into the magnificent mosaic. Many thanks to Debbie and the group of students who helped Debbie with the prep students and lots of jobs! We appreciate all the hard work, talent and skill which Debbie was able to bring to our school community.

Samuel Connell, Debbie Qadri, Emily Dunn, Sarah Rawson, Jacob Paxman, Ben Davies and Hannah Rutherford[Absent]
Maths Puzzles

Try and solve these mathematical problems the winners will be announced at the end of Week 9 so don’t forget to post your entry in the boxes at the office. Everyone who enters wins a prize!
GOOD LUCK!!!
Raymond and James – Yr 6 Mathematics Leaders

**Prep – Year 2 – Triangle Shapes**

Using four triangles the same as each other how many different shapes can you make? Draw them.

TIP: You might want to cut out the triangles and rearrange them, then trace your shapes.

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**Year 5 – Year 6 – Where Are They?**

Use the isometric grid paper on the next page to find as many of the following polygons as you can.

- A rectangle
- A rhombus
- A trapezium
- A parallelogram that is not a rectangle
- An equilateral triangle
- A right angled triangle
- A scalene triangle
- An isosceles triangle that is not an equilateral triangle
- A pentagon
- A hexagon
- A heptagon
- An octagon

If you need help to find a description of these polygons try:
CALENDAR 2013 - ST VINCENT DE PAUL

MAY
31st Confirmation – 7.00pm

JUNE
1st Confirmation – 6.00pm
5th Mass – Year Four
7th Inter-School Sports (Away)
10th Queens Birthday
12th Mass – Year Three
14th Inter-School Sports (Home)
19th Mass – Year Two
Parish Education Board Meeting – 7.30 (Staffroom)
24th Learning Conferences
25th Learning Conferences
26th Mass – Year One
27th Inter-School Sports (Home)
28th END OF TERM TWO (STUDENT DISMISES AT 1.30PM)

JULY
15th TERM THREE BEGINS – SCHOOL CLOSURE DAY
16th STUDENTS RETURN
24th Mass – Year Prep
31st Mass – Year Six

AUGUST
1st Communion Parent Meeting
3rd Commitment Mass 1st Communion
4th Commitment Mass 1st Communion
12th Year Five Camp
14th Year Five Camp Return
15th Book Week
21st School Closure Day
23rd Book Week Author Visit- Lee Fox
31st 1st Communion

SEPTEMBER
1st 1st Communion
Fathers Day
4th Mass – Year Four
7th 1st Communion
8th 1st Communion
9th District Athletics
11th Mass – Prep & Six
Parish Education Board Meeting – 7.30pm (Staffroom)
18th Art Show
20th END OF TERM THREE (STUDENTS DISMISSED AT 1.30PM)

OCTOBER
7th TERM FOUR BEGINS
15th St Vincent de Paul Feast Day
23rd Parish Education Board Meeting – 7.30pm (Staffroom)
Mass – Year Five
30th Mass – Year Four

NOVEMBER
5th Melbourne Cup
6th Mass – Year Three
13th Mass – Year Two
20th Mass – Year One
27th Mass – Year Prep

DECEMBER
4th Planning Day – School Closure